



**ELITE CANADA 2024
MEN'S & WOMEN'S ARTISTIC
GYMNASTICS**

**LANGLEY EVENTS CENTRE
LANGLEY, BC**

February 17-20, 2024

DIRECTIVE #1



GYMNASTICS CANADA
RA Centre, 2451 Riverside Dr
Ottawa, ON K1H 7X7
www.gymcan.org

Andrew Price – Chief Executive Officer
aprice@gymcan.org

Jenny Trew – Program Manager, WAG
wag@gymcan.org


Greg Jackson – Program Manager, MAG
mag@gymcan.org

LANGLEY GYMNASTICS FOUNDATION
7888 200 St.
Langley, BC V2Y 3J4
(604) 455-8845
www.langleygymnastics.ca

Jennifer Coimbra –Event Director
Phone: (604) 455-8908
Email: jenc@langleygymnastics.ca

GYMCAN

**LOCAL
ORGANIZING
COMMITTEE
(LOC)**

	<p>Nikki Jarvis – Event Lead Chelsea Ballantyne – Hospitality Coordinator Jennifer Coimbra – Logistics, Protocol Sarah Hamilton – Medical</p> <p>Technical Leads: Kris Krunick (MAG) Paulo Pena Silva (WAG)</p>
WEBSITE LINK:	https://langleygymnastics.uplifterinc.com/pages/competitions/elite-canada/
SOCIAL MEDIA:	<p>Gym Can: Twitter, Facebook & Instagram @Gymcan1 Langley Gymnastics Foundation: Facebook & Instagram @langleygymnasticsfoundation #AGELITE2024</p>
EVENT INFORMATION	
COMPETITION DATES	February 18-20, 2024
VENUE	<p>Langley Events Centre (Triple Gym- Gate 1) 7888 200 St. Langley, BC <i>*Parking is free at the venue.</i></p> 
INVITED MEMBERS	<p>All Provincial/Territorial Gymnastics Organizations with registered participants who meet the GymCan eligibility requirement according to this document and the WAG & MAG program manuals are invited to participate.</p>
EVENT FORMAT	<p>The competition will follow the rules set out in the 2022-2024 FIG Code of Points and Canadian Elite Pathways Program.</p> <p>Purpose</p> <ol style="list-style-type: none"> 1. Provide a prestigious annual competitive opportunity for developing High Performance gymnasts, showcase top provincial talent, provide national rankings, and declare Elite Canada champions for each category of competition. 2. To rank participants and declare champions in: <ol style="list-style-type: none"> a. Aspire, Novice, Junior, and Senior All-Around and Apparatus Finals 3. To rank HP athletes as part of the system to have access to <ol style="list-style-type: none"> a. Sport Canada Athlete Assistance Program – Carding

- b. National Team and Espoir Status
 - c. International competitions (NT and Espoir) and Training camps.
4. Specific Programs Rules are available on their respective [Trello boards](#)

Men’s Artistic Gymnastics

- ‘Podium’ Training.
- All-Around Finals: Two days combined.
- Apparatus Finals: Two days combined.

Women’s Artistic Gymnastics

- ‘Podium’ Training.
- All-Around Finals: Two days combined.
- Apparatus Finals: Two days combined.
- Novice, Junior and Senior Awards.

ATHLETES

For information on the eligibility of athletes, please refer to your specific disciplines Technical Regulations, available on the [Trello board](#).

COACHES

All registered coaches must be certified NCCP Competition Development or have obtained an exemption in writing from their respective Program Manager. A coach who is employed on a full-time basis by an organization based outside Canada is exempted from this requirement.

Coach exemption requests must be submitted before the registration deadline for the event. Incomplete and/or late forms will not be processed or accepted. If not on time, the request is immediately rejected (no accreditation).

NCCP Coach Exemption Request Form:

EN: <https://forms.office.com/r/JRuY9Ds5X3>
 FR: <https://forms.office.com/r/ARYGiKPFjy>

All coaches, support staff, and integrated support team (IST) who will participate in GymCan national competitions must have completed the following requirements. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play, competition and training venues.

Proof of completion must be uploaded to K-Score in January 2024.

Requirements	Notes
Completed Enhanced Background Check, Canada-wide and/or International Police Checks https://pages.sterlingbackcheck.ca/landing-pages/c/cac ace/	Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual. Required for coaches, support staff, judges and IST.

ELIGIBILITY

	Complete Respect in Sport for Activity Leaders online e-learning module package https://gymnasticscanada.respectgroupinc.com/kola_final/	Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost. Required for coaches, support staff, judges and IST
	True Sport Clean101 UNTRACKED e-learning course: https://cces.ca/truesportclean10_1untracked	Free module. Required for coaches and IST.
	CAC Making Headway online learning module. https://coach.ca/concussion-awareness	Free module – will be included in coach NCCP records on the Locker. Required for coaches and IST.
	Safe Sport Training https://safesport.coach.ca/participants-training	Free module – will be included in coach NCCP records on the Locker. Required for coaches and IST.
	OSIC Form Here	Required for athletes, coaches, judges, IST and volunteers. If you have signed a form in 2023, you do not need to re-sign one. If you are unsure, please sign one again. Form can be sent to Mary Degrasse at mdegrasse@gymcan.org

APPARATUS SUPPLIED	<p>The official supplier of gymnastics equipment for the event is Spieth America. The apparatus supplied is as follows:</p> <ul style="list-style-type: none"> 1 full set of Women’s Artistic Gymnastics equipment 1 additional beam for Thursday training 1 full set of Men’s Artistic Gymnastics equipment <p>“Euro Spieth” Moscow Floor</p> <p><i>*Clubs are not permitted to bring their personal equipment</i></p>
---------------------------	--

REGISTRATION PROCESS	<p>All athlete and coach registrations will be done through K-Score.</p> <p>Music will only be accepted through K-Score.</p> <p>Registration Link: https://register.kscore.ca/event-details.php?event=257</p>
-----------------------------	--

REGISTRATION FEES AND DEADLINES	<p>DEADLINES:</p> <table border="1" style="width: 100%;"> <tr> <td>Registration & Payment</td> <td>January 8, 2024</td> </tr> <tr> <td>Late Registration & Payment</td> <td>January 22, 2024</td> </tr> <tr> <td>Statutory Declaration</td> <td>January 29, 2024</td> </tr> <tr> <td>Refund Request Deadline</td> <td>February 2, 2024</td> </tr> </table> <p>Registration Fees: Athletes: \$200 Coaches: \$200 Late Registration: +\$50 per coach or athlete</p>	Registration & Payment	January 8, 2024	Late Registration & Payment	January 22, 2024	Statutory Declaration	January 29, 2024	Refund Request Deadline	February 2, 2024
Registration & Payment	January 8, 2024								
Late Registration & Payment	January 22, 2024								
Statutory Declaration	January 29, 2024								
Refund Request Deadline	February 2, 2024								

	<p>Registration can be paid to Langley Gymnastics Foundation by the following methods:</p> <ul style="list-style-type: none"> • Visa or Mastercard – by calling the office and asking for Melissa, Monday-Friday, between 9am-2pm PST. A 3% service charge will apply. • E-Transfer to accounting@langleygymnastics.ca (please write in the notes “Elite Can & Club Name”) and send password to the same email. • Cheque – payable to: Langley Gymnastics Foundation 180- 7888 200 St. Langley, BC V2Y 3J4 <p>Refunds, less a \$30 administrative fee will be given with a medical note up until February 2, 2024. Please email refund requests & medical notes to: compadmin@langleygymnastics.ca</p>
<p>SCHEDULE</p>	<p>Final schedule and draw will be in the Workplan distributed after registration has closed.</p> <p>17 Feb (Saturday) MAG and WAG Training Delegates’ Technical Meeting</p> <p>18 Feb (Sunday) WAG Novice Competition WAG Senior Competition MAG Aspire and Junior (15-16) Competition MAG Junior (17-18) Competition MAG Senior Next Gen and Senior 21+ Competition</p> <p>19 Feb (Monday) WAG Junior Competition WAG Novice Competition and Awards MAG Aspire and Junior (15-16) Competition and Awards MAG Senior Next Gen and Senior 21+ Training</p> <p>20 Feb (Tuesday) WAG Junior Competition and Awards WAG Senior Competition and Awards MAG Junior (17-18) Competition and Awards MAG Senior Next Gen and Senior 21+ Competition and Awards</p> <p>21 Feb (Wednesday) Departure of the Delegations</p>
<p>EVENT TRANSPORTATION</p>	<p>Clubs have the option to fly into Abbotsford International Airport (YXX) or Vancouver International Airport (YVR). All clubs are responsible for their own transportation.</p> <p>Driving Distances: YXX to Langley hotels 25 km (Approx 30 minutes) YVR to Langley hotels 50 km (Approx 50 minutes)</p>

Judges will be responsible for transportation to and from the airport. The LOC will be providing a shuttle bus service to and from the hotel to the competition venue.

A hospitality room will be provided for coaches and judges at the venue. Light snacks will be available on Saturday for training. Mealtimes will be based on the competition schedule.
If coaches or judges have dietary restrictions, please email: chelsea.ballantyne@gmail.com by **January 22nd, 2024.*

Meal Types:
 Breakfast- Continental
 Lunch- Deli, Salad Bar or Hot
 Dinner- Hot



Sandman Signature Langley & Sandman Hotel Langley
 Call Sandman’s Central Reservations at 1-800-SANDMAN(726-3626).

The Sandman Signature Langley has many features include 196 elegantly furnished suites, King, Queen, Loft and Family Suites available. Indoor Pool and hot tub, Fitness Facilities, Complimentary wired & wireless high-speed internet, 24-hour Business Centre, Meeting and banquet facilities, Moxie’s Classic Grill / Room Service, Complimentary parking.

Room Type	Signature King	Signature Two Queens	Executive King Suite w/ pull-out sofa and kitchenette
Rate	\$169	\$169	\$189

Booking Reference: [Sandman Signature Langley – 0224LANGLEYGYM](#)

Sandman Langley Hotel features 144 comfortable guest rooms, Kitchenettes, executive and one-bedroom suites, Fitness facilities, Complimentary Wi-Fi throughout the hotel, Business Centre, Denny’s 24-hour Restaurant w/ room service, Meeting facilities catered by Denny’s Restaurant, Complimentary parking.

Room Type	Standard Queen	Standard Two Doubles	Executive Queen Suite w/ pull-out sofa and kitchenette
Rate	\$149	\$149	\$179

Booking Reference: [Sandman Hotel Langley – 2402LANGLEYGYM](#)



AN IHG HOTEL

Room Type	Two Queens (w/ fridge & microwave)	King Bed + Sofa Bed (w/ fridge & microwave)	King Bed Deluxe + Sofa Bed (w/ fridge & microwave)	King Suite: King bedroom + Sofa Bed (w/ kitchenette)
Rate	\$189	\$199	\$219	\$239

Holiday Inn Express offers a special rate of 15% off Best Flexible Rates offer for CFMI and Elite Canada attendees. A non-refundable deposit equaling to first night room and taxes is due 14 days prior to arrival. Remainder of the reservation can be cancelled with no charge up to 6 pm, 7 days prior to arrival. Click on the online booking link: [HOLIDAY INN BOOKING LINK](#)



Hampton Inn & Suites rates include our Hampton Hot Buffet. Our facilities include complimentary parking, local calls, Wi-Fi, a 24-hour fitness centre, an indoor pool, a hot tub, and a waterslide.

Booking Link (may not work on smartphones): [HILTON BOOKING LINK](#)

MEDICAL

TBD. Club managers and/or head coaches may be asked to produce digital or hard copy medical waivers to access medical care for minors on-site.

ACCREDITATION

All athletes, coaches, judges, support staff and GymCan delegation must obtain an accreditation tag on their first day of arrival at Elite Canada. GymCan reserves the right to take away any accreditation if the rules are not followed. The accreditation must be worn to access the venue and the competition area.

PROTOCOL & AWARD CEREMONIES

A land acknowledgment will be announced before every session. The Canadian National Anthem will be played before the first session of the competition.

Awards Ceremonies:

	<p>Dress Code on the awards podium for the athletes: Club tracksuit.</p> <p>WAG: All categories:</p> <ul style="list-style-type: none"> • Both All-Around and Apparatus Finals are awarded based on the combined scores from Day 1 and Day 2. • Top 8 All Around gymnasts for all age groups. <p>Novice:</p> <ul style="list-style-type: none"> • Top 8 gymnasts on each apparatus. <p>Junior & Senior:</p> <ul style="list-style-type: none"> • Top 3 gymnasts on each apparatus. <p>MAG: All categories:</p> <ul style="list-style-type: none"> • Both All-Around and Apparatus Finals are awarded based on the combined scores from Day 1 and Day 2. • Top 3 All Around gymnasts for all age groups. • Top 3 gymnasts on each apparatus for all age groups.
<p>JUDGES</p>	<p>GymCan will make double occupancy reservations for GymCan funded judges ONLY.</p> <p>Provincially funded judges: PTOs are required to book their judges' accommodation at the judges' hotel.</p> <p>Note, the contact and booking link for self-funded judges will be provided in a separate judge memo.</p> <p>Meals will be provided at the venue for judges.</p>
<p>PHOTOGRAPHER</p>	<p>TBD. Information on Photographer and the ordering process will be provided in Directive #2.</p>
<p>Clothing</p>	<p>To purchase Elite Canada clothing click here.</p>

Should you have any questions, please feel free to contact Jen Coimbra at jenc@langleygymnastics.ca

Langley Gymnastics Foundation, and our organizing committee, look forward to hosting you in Langley, BC.