

# 2024 Western Canadian Artistic Gymnastics Championships

## Bulletin #2



April 18-20, 2024  
Langley, BC



<p><b>EVENT INFORMATION</b></p>	<p><b>Dates:</b> April 18-20, 2024  <b>Location:</b> <a href="#">Langley Events Centre</a>, Langley BC</p> <p><a href="#">2024 Event Website</a>  <i>Event bulletins, schedules, event information will be updated on the event website.</i></p> <p>You can also find additional information by scanning this QR Code:</p> 	
<p><b>HOST CLUB CONTACTS</b></p>	<p>Langley Gymnastics Foundation  Suite #180 Box #16  7888 200 St  Langley, BC  V2Y 3J4</p>	<p><b>Jennifer Coimbra</b>, <i>Event Organizer</i>  General Manager  P: (604) 455-8845  E: <a href="mailto:jcoimbra@langleygymnastics.ca">jcoimbra@langleygymnastics.ca</a></p>
<p><b>GYMNASTICS BC CONTACTS</b></p>	<p>Gymnastics BC  268-828 West 8<sup>th</sup> Ave  Vancouver, BC  V5Z 1E2</p> <p><b>Momona Komagata</b>, <i>Technical Organizer</i>  <b>WAG Program Coordinator</b>  P: (236) 521-9920  E: <a href="mailto:mkomagata@gymbc.org">mkomagata@gymbc.org</a></p>	<p><b>Aidan Muth</b>, <i>Event Organizer</i>  Communications and Events  P: (604) 333-3490  E: <a href="mailto:amuth@gymbc.org">amuth@gymbc.org</a></p> <p><b>Thorstein Fischer</b>, <i>Technical Organizer</i>  <b>MAG Program Coordinator</b>  P: (604) 333-3492  E: <a href="mailto:tfischer@gymbc.org">tfischer@gymbc.org</a></p>
<p><b>MEDIA INFORMATION</b></p>	<p><b>Social Media Handles:</b>  <b>Instagram:</b> @gymnasticsbc   @langleygymnasticsfoundation  <b>Facebook:</b> Gymnastics BC   Langley Gymnastics Foundation  <b>X:</b> @GymnasticsBC</p> <p><b>Hashtags:</b>  #ArtisticGymWesterns #BCHostsArtisticWesterns2024 #GymBCxLGF  #GymCanArtisticWesterns</p> <p>Media Contact: <a href="mailto:communications@gymbc.org">communications@gymbc.org</a></p>	

# EVENT INFORMATION

COMPETITION DATES	April 18-20, 2024									
VENUE	Langley Events Centre 7888 200 St Langley, BC V2Y 3J4  To find out more, visit the website to view the facility <a href="https://www.langleyeventscentre.com/">https://www.langleyeventscentre.com/</a>									
FEES	<b>Dates</b>	<b>Athlete</b>	<b>Coach</b>	<b>Judge</b>						
	On or before March 24, 2024	Deadline Passed								
	April 2, 2024 (Late Registration)	Deadline Passed								
	Entries will not be accepted after April 2, 2024									
REGISTRATION <i>Registration is closed.</i>	<p><b>Registration Information:</b>                  Registration will be conducted through Kscore. Registration opens February 15, 2024. <a href="#">Click here</a> to access the Kscore registration website.</p> <p><b>Registration Deadlines:</b></p> <table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">February 15, 2024</td> <td>Registration opens</td> </tr> <tr> <td>March 24, 2024</td> <td>First registration deadline</td> </tr> <tr> <td>April 2, 2024</td> <td>Very late registration deadline: Absolutely no registrations will be accepted after April 2, 2024.</td> </tr> </table> <p><b>Please note:</b> Floor music <b>MUST</b> be uploaded through Kscore. There will be no access to play music directly off of a device.</p> <p><b>Payment of Fees</b></p> <ul style="list-style-type: none"> <li>• E-Transfer: may be sent to <a href="mailto:accounting@gymbc.org">accounting@gymbc.org</a>. Please include the following information:                         <ul style="list-style-type: none"> <li>○ 2024 Western Canadian Artistic Gymnastics Championships</li> <li>○ GymBC Invoice (if you have already received one);</li> <li>○ PTSO Name; and</li> <li>○ Number of athletes &amp; coaches you are paying for.</li> </ul> </li> <li>• Cheques are payable to: Gymnastic BC, #268 – 828 West 8th Avenue, Vancouver, B.C. V5Z 1E2</li> <li>• Invoices will be sent following the first registration deadline</li> </ul>				February 15, 2024	Registration opens	March 24, 2024	First registration deadline	April 2, 2024	Very late registration deadline: Absolutely no registrations will be accepted after April 2, 2024.
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REFUNDS AND WITHDRAWALS	<ul style="list-style-type: none"> <li>• Please complete the <a href="#">Request for Refund Form</a>, to request a refund.</li> <li>• A medical certificate <b>must be provided</b> for all athletes and coaches withdrawing from the competition.</li> <li>• No refunds will be issued after Thursday, April 11, 2024</li> <li>• <b>Please note:</b> Refund requests will <b>ONLY</b> be monitored via <a href="#">the electronic form</a>. Emailed requests will not be accepted.</li> </ul>									
COMPETITION ORDER OF PASSAGE FORMS	<ul style="list-style-type: none"> <li>• The order of passage forms can be found in the <a href="#">Western Canadian Policy Manual and Technical Regulations Document</a>.</li> <li>• Please bring these forms with you to fill out. They are to be completed and handed in following podium training on April 18, 2024.</li> </ul>									

## EVENT INFORMATION (CON'T)

<b>EQUIPMENT</b>	<ul style="list-style-type: none"> <li>• All equipment for the competition will be provided by Gymnastics BC. Spieth America is the GymBC equipment supplier. Teams are not permitted to bring personal boards or Yurchenko mats to the event.             <ul style="list-style-type: none"> <li>○ Please note: The GymBC floor includes a Birch bottom and a Moscow top.</li> <li>○ Please email <a href="mailto:equipment@gymbc.org">equipment@gymbc.org</a> if you have any questions.</li> </ul> </li> </ul>
<b>ACCREDITATION</b>	<ul style="list-style-type: none"> <li>• All athletes, coaches, and team delegation will be required to wear an accreditation tag, which will be handed out upon arrival.</li> <li>• Chaperones, team managers, and heads of delegation must register (with no fee) so that accreditation may be made for them.</li> </ul>
<b>COMPLIANCE</b>	<ul style="list-style-type: none"> <li>• All coaches, judges, and team support staff assigned to Westerns must meet their own provincial/territorial association's requirement regarding SafeSport. This includes (but is not limited to): NCCP minimum certifications, Respect in Sport certification, Criminal Record Check, etc.</li> </ul>
<b>DECLARATION OF COMPLIANCE AND MEDIA RELEASE</b>	<ul style="list-style-type: none"> <li>• In order to participate in this event, each participating PTSO must sign a <a href="#">Declaration of Compliance Form</a> and submit it to GymBC with your registration fees.</li> <li>• By signing this document, you are also ensuring that your organization has attained a media release form for all participating athletes, coaches, judges and team staff that may appear on camera during the competition, and giving GymBC and Langley Gymnastics Foundation permission to post media to social media channels and websites during and after the competition. If you need a media release form template, please contact <a href="mailto:safety@gymbc.org">safety@gymbc.org</a></li> <li>• This form also ensures that you have conducted thorough and essential compliance checks on participating coaches, judges, and team staff including criminal record checks and any other necessary evaluations or verifications.</li> <li>• Any questions regarding these requirements can be sent to <a href="mailto:events@gymbc.org">events@gymbc.org</a>.</li> </ul>
<b>CONCESSION</b>	<ul style="list-style-type: none"> <li>• There will be a concession available at the venue, available for spectators</li> </ul>
<b>HOSPITALITY</b>	<ul style="list-style-type: none"> <li>• Meals will be provided at the venue in hospitality areas for coaches, judges, and team staff.</li> <li>• Accreditation must be worn to access the hospitality area.</li> <li>• Judges will have a private seating area within hospitality.</li> </ul> <p><b>Thursday</b> - Continental Breakfast, Lunch and Dinner  <b>Friday</b> - Continental Breakfast, Lunch and Dinner  <b>Saturday</b> - Continental Breakfast and Lunch</p> <p><i>While we try to offer a variety of delicious catered meals, we may not be able to accommodate all dietary restrictions.</i></p>
<b>OPENING CEREMONIES</b>	<ul style="list-style-type: none"> <li>• We ask all athletes, coaches, and team staff to attend the opening ceremonies, which will be held at 16:30 on April 18, 2024 at the competition venue. Athletes and coaches should be in Team Attire.</li> </ul>

## EVENT INFORMATION (CON'T)

### CLOSING CELEBRATION

- Closing celebration events will take place following the competition on Saturday, April 20, from 7:00pm-9:30pm. Both an Athlete Social and Coach/Judge/Team Staff Social will take place at the Langley Events Centre, to allow for coaches and team staff who are acting as athlete chaperones to attend.
- Each social will include snacks and drinks.
- More details will be sent out on April 12.

Coaches/Judges/Team Staff, please RSVP here if you will attend:

<https://forms.gle/EvAyCu5YJXXMvida8>

### PARKING & TRANSIT

#### Parking

- Free parking is located all around the Langley Events Centre.
- There are a limited number of accessible parking spots available near Gate 3 and 7. It is recommended that you arrive as early as possible to secure an accessible parking spot.
- Electric Parking is located near Gate 4.

#### Public Transit

Langley Events Centre is accessible by public transit. Visit the [directions page](#) for more information.

### ACCOMMODATIONS

*Come support our athletes!*

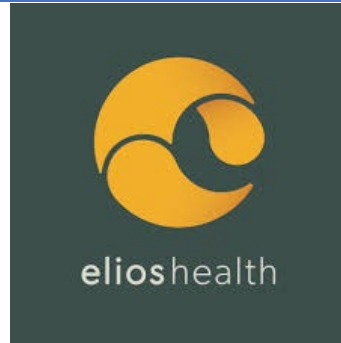
There are 2 hotels accepting bookings at an exclusive rate for those who wish to come cheer on athletes at the competition!

- Signature Langley
  - **Block Name:** Western Gymnastics Championship
  - **Block Code:** 2404WESTER\_001
  - **Block ID:** 337487
  - **Rates:** Between \$199 & \$219
  - **Hotel Number:** 604-455-7263
- Sandman Langley
  - **Block Name:** Western Gymnastics Championship
  - **Block Code:** 2404WESTER\_001
  - **Block ID:** 337694
  - **Rates:** Between \$179 & \$209
  - **Hotel Number:** 604-888-7263

If you are interested in booking a room, please contact the Guest Support Centre at 1-800-SANDMAN (726-3626).

## EVENT INFORMATION (CON'T)

### MEDICAL SERVICES



- Len is a Physiotherapist who brings his personal experience as a former elite gymnast and a current avid rock climber to his practice. He has 20 years of experience working with athletes in gymnastics, climbing, tennis, and target sports.
- Currently, Len serves the Senior National Team as a Physiotherapist for Climbing Escalade Canada, and is certified with the [Association of Canadian Mountain Guides \(ACMG\)](#). He is also a ICBC-certified motorcycle safety instructor with ProRide.

### ADMISSIONS

- Admissions will take place at the door, no pre-order necessary.
- Cash, credit and debit will be accepted.
- \$1 of each admission will go towards LGF's Community Outreach Fund, which provides free gymnastics programming to children with limited opportunities to participate in sport.

Admission Type	Single-Day	Weekend
Children 5 & Under	Free	Free
Youth/Seniors	\$15	\$25
Adults 18+	\$21	\$36
Family (2 adults + 2 youth/seniors)	\$56	\$81

## EVENT INFORMATION (CON'T)

### VENDORS



Official on-site supplier for Western Canadian Artistic Gymnastics Champions 2024 apparel.



Canadian made gymnastics leotards and grips for men and women. Come check out our finals suits!

### EVENT PHOTOGRAPHER



- Professional photos of your athlete will be offered through Pre-Order only. Limited spots available, so please book your spot now!
- [CLICK HERE](#) for WAG Photo Packages
- [CLICK HERE](#) for MAG Photo Packages

# COMPETITION SCHEDULE - FINAL

**Meeting Locations:**

- Technical Meeting will take place on the respective MAG/WAG Competition Floors.
- Judges Meetings will take place in the Judges Hospitality Area.

WAG

MAG

**Thursday April 18, 2024**

**Thursday April 18, 2024**

Podium Training	
8:00 – 10:00	Training – Team BC
10:00 – 12:00	Training – Team SK/YK
12:00 – 14:00	Training – Team MB/NWT
14:00 – 16:00	Training – Team AB
16:05 – 16:25	Technical Meeting
16:30 – 16:55	Opening Ceremonies

Podium Training	
8:00 – 10:00	Training – Team BC
10:00 – 12:00	Training – Team SK/YK
12:00 – 14:00	Training – Team MB/NWT
14:00 – 16:00	Training – Team AB
16:05 – 16:25	Technical Meeting
16:30 – 16:55	Opening Ceremonies

Session 1: Level 8 (15+)	
16:45	Judges Meeting
17:00 – 17:15	General Warmup
17:20 – 20:45	Competition
21:00	Awards

Session 1: P2	
17:00 – 17:20	General Warmup
17:00	Judges Meeting
17:20 – 20:50	Competition
21:05	Awards

**Friday April 19, 2024**

**Friday April 19, 2024**

Session 2: Level 9 (11-14)	
8:00 – 8:20	General Warmup
8:00	Judges Meeting
8:25 – 11:00	Competition
11:15	Awards

Session 2: P3	
8:00 – 9:00	General Warmup
8:45	Judges Meeting
9:00 – 11:45	Competition
12:00	Awards

Session 3: Level 9 (15+)	
11:30 – 11:50	General Warmup
11:30	Judges Meeting
11:55 – 14:30	Competition
14:45	Awards

Session 3: P4	
12:00 – 13:00	General Warmup
12:45	Judges Meeting
13:00 – 15:45	Competition
16:00	Awards

Session 4: Level 10 (12-15)	
15:00 – 15:20	General Warmup
15:00	Judges Meeting
15:25 – 17:30	Competition
17:45	Awards

Session 4: P5	
16:00 – 17:00	General Warmup
16:45	Judges Meeting
17:00 – 19:45	Competition
20:00	Awards

**Saturday April 20, 2024**

**Session 5: Level 10 (16+)**

18:00 – 18:20    General Warmup  
18:00            Judges Meeting  
18:25 – 21:00    Competition  
21:15            Awards

**Session 5: Apparatus Finals**

12:00 – 13:00    General Warmup  
12:45            Judges Meeting  
13:00 – 15:45    Competition  
16:00            Awards

**Saturday April 20, 2024**

**Session 6: Level 8 (11-14)**

8:45 – 9:00      General Warmup  
8:45              Judges Meeting  
9:05 – 12:30     Competition  
12:45            Awards

**Session 7: Level 9 & 10 Apparatus Finals**

13:00 – 13:20    General Warmup  
13:00            Judges Meeting  
13:25 – 16:00    Competition  
16:15            Awards



# COMPETITION DRAW

## COMPETITION DRAW

### Women's Artistic Gymnastics

Session 1: Level 8 (15+)				
VT: SK	UB: AB	BB: MB	FX: YK+WC	Bye: BC

Session 2: Level 9 (11-14)				
VT: AB	UB: MB	BB: SK+WC	FX: BC	

Session 3: Level 9 (15+)				
VT: AB	UB: BC	BB: MB	FX: SK+WC	

Session 4: Level 10 (12-15)				
VT: AB	UB: BC	BB: SK+WC	FX: n/a	

Session 5: Level 10 (16+)				
VT: BC	UB: SK+WC	BB: AB	FX: MB+WC	

Session 6: Level 8 (11-14)				
VT: YK+WC	UB: AB	BB: MB	FX: SK	Bye: BC

### Men's Artistic Gymnastics

Session 1: P2					
FX: AB-B	PH: AB-A	SR: BC-A	VT: SK-A	PB: SK-B	HB: BC-B

Session 2: P3					
FX: MB/NT	PH: AB-A	SR: SK	VT: BC-A	PB: AB-B	HB: BC-B

Session 3: P4					
FX: AB-A	PH: BC-B	SR: SK	VT: AB-B	PB: MB/NT	HB: BC-A

Session 4: P5					
FX: AB-B	PH: AB-A	SR: SK			